قُلْ لِّلْمُؤْمِنِيْنَ يَغُضُّوْا مِنْ اَبْصَارِهِمْ وَيَحْفَظُوْا فُرُوْجَهُمْ ط
ذٰلِكَ اَزْكٰى لَهُمْ ط اِنَّ اللّٰهَ خَبِيْرٌ بِمَا يَصْنَعُوْنَ ○ (۲۴-۳۰)

حفاظتِ نظر

Protection of Eyes.

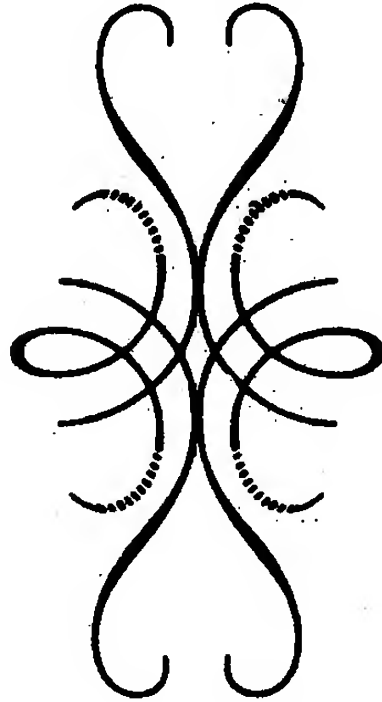
(FROM EVIL DEEDS)

A SERMON OF

Hazrat Maulana Mufti Rasheed Ahmad

حفاظتِ نظر

Protection of Eyes.

(FROM EVIL DEEDS)

As Narated by:

MUFTI RASHEED AHMAD

ORGANISER IN CHIEF
DARUL-IFTA-WAL-IRSHAD,
NAZIMABAD NO.4. KARACHI.

LIST OF ARTICLES

قُلْ لِّلْمُؤْمِنِيْنَ يَغُضُّوْا مِنْ اَبْصَارِهِمْ وَيَحْفَظُوْا فُرُوْجَهُمْ
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IN THE NAME OF ALLAH, THE BENEFICENT, THE MERCIFUL.

"Tell the ones who believe in ALLAH TAALA to keep their eyes lowered and protect their private parts. This is undoubtedly better for them, ALLAH is aware of what they do.

IN THE NAME OF ALLAH, THE BENEFICENT, THE MERCIFUL.

In my last two lectures on Friday and Sunday, Allah Taala made me speak on the subject of: "PROTECTION OF EYES FROM EVIL DEEDS": although at the start of my address I had no intention of touching this topic.

A few days later, a friend of mine informed me that my lecture had brought about a great change in many victims of this disease — some of them who had been suffering from this spirtual disease for the last 40 years or so.

Beside this, the collector of my narrations, MAULVI EHTESHAM-UL-HAQ AASIA ABADI sought permission for the publication of this lecture (from tape recordings), as it had cured the most chronic cases of this wide spread disease, and may hopefully alter the path of thousands of others in the right direction, by the Grace of Allah Taala. For these reasons I permit this lecture on the above subject to be published and pray that this may lead me, the readers, and the listeners of this pamphlet, to heaven, by the Grace of Allah Taala Shanahoo. Amin

RASHEED AHMED
(May Allah Taala Forgive him)
23 SHAWWAL, 1393 HIJRA.

IN THE NAME OF ALLAH, THE BENEFICENT, THE MERCIFUL

THE MEANING OF PIETY AND HOW TO ACHIEVE IT.

While addressing the Friday congregation, the subject that came to my mind was. "PIETY". I would like to highlight its virtues and significance in Islam. In this regard, two things could be mentioned. One is: WHAT PIETY IS? And the other: HOW TO ACHIEVE IT.

WHAT IS PIETY: It is not that you give up eating and drinking, but PIETY means not having innumerous desires. It means one should give up thinking of unattainable wishes to come true. It does not mean that one should not eat good food or wear good clothes. It only means that one should not have high hopes for unachievable demands.

As an example, there is a story about a man called Shaikh Chilly who was carrying a pot of butter oil on his head for wages. He started thinking what he would do with his earnings. He decided that he would buy eggs which would produce a hen. The hen would produce more eggs from which would come many chicks. He would sell the chicks and buy a cow. When the cow would have calves, he would be able to marry and have children; when his children would ask him for a penny he would shake his head and say "No" With these thoughts, he tossed his head and the pot crashed on the ground splattering its contacts all over.

When the owner complained of his loss, Shaikh Chilly cried you regret a pot of butter, while I have lost my whole family.

So this is the result of building castles in the air.

HADRAT MUHAMMAD (PBUH) once put his hand behind the neck of a companion and said, "This is death". (Meaning that the end of life comes so suddenly that you

do not know it). Then he extended his hand in front of him with an open Palm and said "This is greed". (Meaning that greed has no end).

A 90-year-old man got himself a contract for a hundred years. When people came to know about it, someone remarked: "congratulations, it seems that the Angle of Death is dead". When he was asked how could that be, he replied that if it were not so, how would an old man of 90 dare to sign a contract of a hundred years duration.

As per Hadith once a companion of Hazrat Muhammad (P.B.U.H.) bought something on credit for a period of a month. When Hazrat Muhammad (P.B.U.H.) came to know about it, he asked his companion, "How can you be sure that you will live for a month". What to talk of self-planning, nowadays people want to plan for whole of their generation upto the day of judgement.

A pious man once said that one should not worry about one's children's livelihood because if they happen to be evil minded, then you are going to be a party to their evil deeds by providing wealth. If, on the other hand, they are previous faithful to Allah Taala, then. He can look after them better than you.

A PRAYER FOR EARNING:

وَمَنْ يَّتَّقِ اللّٰهَ يَجْعَلْ لَّهٗ مَخْرَجًا ۙ وَّيَرْزُقْهُ مِنْ حَيْثُ لَا يَحْتَسِبُ ؕ

جو کوئی اللہ تعالیٰ سے ڈرتا ہے تو اللہ تعالیٰ اس کے لئے آسانی کا راستہ نکال دیتے ہیں

اور وہاں سے رزق دیتے ہیں جہاں اس کا گمان بھی نہیں ہوتا۔

SURAH No. (65 – 2,3)

"Who so ever keeps his duty to ALLAH TAALA, ALLAH TAALA will appoint a way out for him. And will provide for him from whence he has no expectations".

A student of DAR-UL-ULOOM LANDHI came to me and told me about his dream in which he saw a beautiful woman sitting opposite IMAM MUHAMMAD (May Allah bless his soul) and claiming to belong to him. She was trying hard to attract his attention and was begging him to look at her. But he disregarded her and kept on doing his work.

I said the meaning of this dream was that he (the student) studied a lot of subjects of worldly knowledge, to which he admitted.

Secondly, I said that he was very much worried about his future livelihood. He replied that too was true. I said you should learn the wisdom of IMAM MUHAMMAD (May Allah bless his soul) and not the wisdom of BOO-ALI-SINA. If you learn the wisdom of IMAM MUHAMMAD (May Allah bless his soul), you will not have to worry about your livelihood.

There is a saying of Hazrat MUHAMMAD (P.B.U.H.) that if you gain the knowledge of religion, the world will be at your feet; why do you worry so much about it.

WRONG USE OF EYES:

One should focus, all one's attention on ALLAH TAALA and not towards worldly charms. There is a saying that if one keeps on looking at rubbish one gets boils in one's eyes. Similarly you would spoil your eyes if you kept on looking at the evil charms of the world.

Protect your eyes from evil deeds. Nowdays this disease is quite common. Whenever one happens to come across a woman, one starts gazing at her. One takes pleasure in seeing pictures of women in magazines, television, newspapers; this is all evil use of your eyes. Someone pointed out that what you see on television is not a photograph but a reflection. I said even the reflection of women is prohibited. Infact sometimes it is even more harmful and sinful than looking at a woman in person, because that needs some courage; whereas a reflection is not going to react to ones gaze. Therefore one is more liable to indulge in that kind of sin.

تری تصویر میں اک چیز تجھ سے بھی نرالی ہے
کہ جتنا چاہو چپکا لو نہ جھڑکی ہے نہ گالی ہے

Someone has so justly said that your portrait has a unique quality that you yourself do not possess; it can be embraced as many times as I wish without any fear of rebuke or abuse.

Our eyes are spoiled. If a sweeper does not collect rubbish, he is worried. His eyes become restless. The people who focus their eyes only on one beloved (ALLAH TAALA) their condition would be as follows:

The city is full of beauties, but I do not wish to raise my eyes to anyone but the one I love (ALLAH TAALA)

REALITY ABOUT THE BEAUTIES OF THE WORLD:

Just for a trial, put some trash on a plate and cover it with a silken cloth. On lookers will will wonder what delicious food it contained and if only they could have it. If they took a look under the cover, they would know what was inside. The reality about the beauties of this world is similar. They are covered with silken veils but inside. They are full of trash. Stomach full of stool, blader full of urine, the whole body is full of odorous blood. Pierce a pin and the blood oozes out

ع چند روزہ جہد کن باقی بخند

Bear the burden of hardship for a few days and then keep on smiling for ever.

ارے یہ کیا ظلم کر رہا ہے کہ مرنے والوں پہ مر رہا ہے

جو دم حسینوں کا بھر رہا ہے بلند ذوقِ نظر نہیں ہے

What a blunder, that you are dying for those who are mortal. If you are running after beautiful women, then you are not a farsighted person.

When I get complaints that despite the best of efforts, eyes keep straying at women passing by, I feel sorry. Why should eyes be that of a vulture and why not of an Eagle? These eyes are very distrustful and erratic.

A UNIQUE PRAYER:

A unique prayer comes to my mind with the blessings and courtesy of my ancestors and teachers which is :

"YA ALLAH! Blees me with a longing for the real Homeland (Heaven), and Bless my eyes with such a kohl which may enable them to bear the brilliance of your presence".

This prayer reminds me of the prayer of HAZRAT MOSES when he went to mount Toor and requested the honour of seeing Him. ALLAH TAALA replied that you cannot bear to see me with these eyes. It seemed to be the end of the dialogue, but infact ALLAH TAALA gave him a prescription to enable the eyes to withstand His Presence. He said take this book (TAURAT) and follow it to the last word, then you shall be able to see me in heaven.

This can be understood by the following example.

A blind husband who claims to be deeply in love with his wife, and expresses his utmost desire to see her, comes across a doctor who can cure his eyes. The test of his claim will be if he gets himself operated upon, or anything else the doctor prescribes — whatever the hurdles. Otherwise he belies his claim.

We claim to be true Muslims and that we are longing to see the ALMIGHTY in person. We too have been given a book to be followed, to test our claim. If we act according to this book, then only shall we be able to have an audience with Him. It means that this is the medicine to be used to achieve a direct introduction with ALLAH TAALA. If we use the medicine as instructed then we are true lovers. May ALLAH TAALA bless us all with His true love.

AMIN

Praying without using a prescription is useless. If one prays for restoration but does not adopt any means to get cured, it is fruitless. It is necessary to take practical steps as well.

THE TRAIN OF TAQWA:

Two wheels of the train of TAQWA are: COURAGE, and PRAYER. A third is required to move this train, that is: STEAM, For speed and continuity, steam is essential. This steam can only be had by keeping in the company of the beloved ones of ALLAH TAALA. If you get attached to one of them, the wheels run so fast that you have to apply brakes to slow them down.

As I was saying, whenever I pray to see the glory of ALLAH TAALA's appearance, I also Pray for the courage to enable me to do so. May ALLAH TAALA grant us such kohl for our eyes to enable them to stand the magnitude of the Noor of ALLAH TAALA. Now is the time to adopt the right means to achieve such kohl for our eyes. We will not get any such opportunity after death.

USE OF EYES IS A REFLECTION OF THE HEART:

Eyes that wander around aimlessly are basically frail and virtueless. Why should the eyes fall on dirt and lesser things, why not on the pure roses and jasmine? Actually one only notices what is at the back of ones mind, he will see everything in those terms. Someone asked a hungry man what is two plus two, he replied four loaves of bread. Our eyes look for rubbish like a sweeper looks for garbage. Why our eyes have degraded so much?

Let us pray to ALMIGHTY ALLAH TAALA to save us from such evil eyes. Whenever your eyes fall on a non mehram let us say :-

ناز ہے گل کو نزاکت پہ چمن میں اے ذوق
اس نے دیکھے ہی نہیں ناز و نزاکت والے

ZAUK says that a rose is proud of its exquisite daintiness and lovliness in the garden, only because it has not seen the ones with real pride and beauty.

While going to visit HAZRAT PHOOL PURI (May Allah Taala bless his soul), my PIRU-MURSHID, from DAR-UL-ULOOM LANDHI, I used to have the same feeling that women decorated with ornaments and make-up thought of themselves very attractive and irresistable, & after seeing HAZRAT WAALA (HAZRAT PHOOL PURI), the above mentioned verse used to come to my mind-extempore :

ناز ہے گل کو نزاکت پہ چمن میں اے ذوق
اس نے دیکھے ہی نہیں ناز و نزاکت والے

And then I used to think :

ہمیں دونوں تو حسن و عشق کی دنیا کے مالک ہیں
جو تو عرشی تو میں فرشی فلک تیرا زمیں میری

Only we two — Beauty and Love are owners of the world. If you are the master of Heaven, Then I reign the earth. Heaven is yours and the Earth is mine.

On the completion of the course of BUKHARI SHARIF (Hadith), HAZRAT MUFTI MUHAMMAD SHAFI invited HAZRAT PHOOLPURI to grace the occasion on request of the teachers and students of DAR-UL-ULOOM LANDHI,

HAZRAT PHOOLPUR accepted the invitation saying that he would dine with me. Alhamdulillah. (Allah be Praised)

It was most kind of him to honour me so. Such benevolence is beyond description May ALLAH TAALA keep us attached with his beloved ones for all times to come. When we started for DAR-UL-ULOOM, I found myself reciting this verse:

تصوّر عرش پر ہے وقف سجدہ ہے جبیں میری
مرا اب پوچھنا کیا ہے فلک میرا زمیں میری

My thoughts are in the heavens and my forehead is touching the earth in prayer. What to talk of me now, the Heaven and Earth both are mine.

As I was saying, save your eyes from evil deeds.

یہ عالم عیش و عشرت کا یہ حالت کیف و مستی کی
بلند اپنا تخیّل کر کہ یہ باتیں ہیں پستی کی
جہاں دراصل ویرانہ ہے گو صورت ہے بستی کی
بس اتنی سی حقیقت ہے فریب خواب، ہستی کی
کہ آنکھیں بند ہوں اور آدمی افسانہ بن جائے

Too much involvement in worldly affairs, comforts and pleasaures is an efface. It is not a blessing but a misfortune. Preparation for the life af er death is real wisdom. The world appears to be inhabited and full of life but is infact wilderness. Everything is mortal and nothing will last for ever. The fact of life is that the moment one passes away, he becomes a part of the past. No one remembers who he was after some time.

Wandering eyes are an indication of dishonesty and lowness.

In my childhood I used to keep a horse and so understood the behaviour of horses. If a horse kept on grazing from field to field, I knew that it belonged to the Patwari (book-keeper). Had it belonged to a Landlord, it would not have been grazing around, but would have known exactly where to find its food. This is the condition of animals. Now think where we stand, why our eyes keep indulging in evil deeds. I wonder as to why our eyes cannot see what they are supposed to look at instead of wandering around.

Another thing which comes to my mind since adolescence is that the people suffering from this disease of staring aimlessly, do not seem to have any wisdom at all. Just give it a little thought when one postiively knows that he cannot get what he is looking at, then what is the use of staring at it? It would only be frustrating. If it were to become true that every female he looked at would come flying at his biddance, then it might be of some use.

This may be understood by the following example! A confectioner decorates his shop window with delicious looking confectionery. If someone starts gazing at them from a distance and his mouth starts watering at the thought of getting them but either he has no money to buy them or he is too much of a miser, then what is the sense in watering ones mouth and staring at something one cannot achieve. That would in fact spoil ones health and people will call him a fool.

Likewise, people suffering from evil gazing are pitiable fools. They spoil their health by staring at unapproachables staring which drag them in different types of sexual diseases. Tell me, are'nt they the biggest fools of the world? Health spoiled, minds deranged, without any gain. Such people are put through hell in this world too by loosing the sense of enjoyment of their wives, which is supposed to be one of the biggest blessings as per Quran. To be deprived of such a great feeling of joy is one hell and the results of this which are to come on the day of Judgement will be the greatest of them all.

NATURAL SPRINGS OF THE EYES:

Another thing which ALLAH TAALA has put in the eye is a "Natural Power", which closes the eye the moment a foreign object is brought near it, one does not have to force the eye to be shut. This can be seen by taking a finger or any other object near the eyes of an infant. The child will automatically close its eyes because of the Natural springs, although it has not been taught to do so. Thus anything which harms the heart or annoys the Beloved (ALLAH), the eyes should avert from it by themselves.

It is against the kindness of ALLAH TAALA that while he should provide Natural Springs to safeguard the body, he should not provide a system for the soul. These springs protect our soul too. I can promise you this, as I have experienced it myself — the eyes do close on their own. We have loosened our Natural Springs by staring at forbidden figures and faces with eyes wide open. Rather we have broken them down. These Natural spring which were granted to us at birth are spoiled. Get them repaired, get a treatment from some beloved of ALLAH TAALA. Act on their advice then see how the eyes close themselves from the things which are detrimental to the soul.

I started my lecture on Piety, but the topic took a different turn. Before my address, I always pray to ALLAH TAALA that He should make me say about the subject which is more important and needful. Maybe this topic was needed more than the topic I had started my speech with, that is why ALLAH TAALA made me say on this subject. Maybe someone here was in dire need of it. I shall enlarge on the subject of Piety some other day. INSHALLAH.

Let us pray to ALLAH TAALA that He grant us the Kohl which will enable our eyes to see the grandeur of ALLAH TAALA Himself. Amin.

(The Sunday Attendance, After Asir, 24 Shaban 93 Hijra, 23 Sept., '73).

DIFFERENCE BETWEEN THE COMPANY OF THE BELOVED OF ALLAH TAALA AND OTHERS:

In my last address, I said that I pray to ALLAH TAALA to make me say on the subject which is needed by and profitable to most of the people. At times I think of a topic to address but in the nick of time the subject I talk about is quite different. I pray in earnest: "YA ALLAH! may there be, not even a reflection of self appeasment in my speech. My heart and my knowledge, both of them are at your command. Make them serve you according to your wishes".

After hearing my last speech on Sunday, someone told me that he had been cured of the disease I mentioned in my last speech, of which he had been suffering for the last forty years. He also told me another useful thing. He said to me that though you always pray to ALLAH TAALA to make you say on the most essential subject, the audience should also pray to ALLAH TAALA to make you say what is most useful for them.

It is my routine, you should also pray in this manner.

"YA ALLAH! you know what sort of spiritual disease we are suffering from. Let the address be on the same subject so that it may cure me".

What a wise thing that person pointed out. This is an indication of the ability to correct oneself and is only achieved by keeping in the company of the Beloved of ALLAH TAALA. I do not address public gatherings and even refuse special invitations because the people there have no intention of correcting themselves. They just want a large gathering with lots of lights and a flock of people – the bigger the crowd the greater the success. That is why the regular participants of such public gatherings do not have the ability to correct themselves. Every person comes with a mind to find faults in others; self-correction is not their aim.

The advantage of private gatherings is that people come from far and wide with the object of finding and reforming their own faults. And when they pray to ALMIGHTY ALLAH to make me say about their shortcomings, it

becomes more beneficial.

own faults. And when they pray to ALMIGHTY ALLAH to make the say about their shortcomings, it becomes more beneficial.

PROTECTION FROM EVIL EYES:

I was addressing on the subject of protecting your eyes from corruption on Friday. Many good people are suffering from this spiritual disease. I remember, once a lady came to our house and through my wife requested me to pray to ALLAH TAALA to protect her growing children from evil eyes. I thought she meant that her children may n not look at the forbidden and she is asking me to pray for the protection of their Faith (IMAN). When my aquaintances write to me to pray for their children's success in exams, I reply that I pray for their success in both this world and the one to come.

I had thought that was what the lady had meant that her children may be protected from looking at evil things. Later on it came to my mind that she had not meant so at all, but that her childrens' youth may be protected from evil eyes.

I received a lesson in that instance. We take precautions to save our bodies; we take TAWEEZ (written prayer on a paper); if in doubt, go to spiritual leaders and try thousands of ways to cure it. We are so much worried about the bad look which effects the body, but the look which harms the heart and is fatal for the spirit on the Day of Judgement, the look which annoys the Master, and denies entry into heaven, that evil look which makes one's life so miserable, why dont we think of safeguarding ourselves from the banefulness of it. Why shouldn't we ask for a prayer for this prupose.

LIMITS OF YOUTH

For how long is this body going to remain as it is and how far are youth and beauty going to last? HAZRAT MUFTI MOHAMMAD HASAN (May ALLAH bless his soul) frequently used the words. "TA BA KAE"? ('For How

long'?), in his speech. Everything is mortal and will perish. Why should one worry about such paltry things. Can anyone think that perishables will not be finished. So many precautions are taken so that this mortal body may not be destroyed. On the other hand, no thought is given to the look which is making us deserving candidates for Hell, and annoying the ALMIGHTY; why dont we think of ways to avert this. Think of ways to save your body from evil eyes, take care of your eyes so that you may not suffer on the Day of Judgement because of their evil deeds. If you do not think of such ways it may prevent you from the honour of having an audience with ALLAH TAALA.

HOW TO AVOID EVIL DEEDS OF THE EYES:

First of all we must bear in mind that the eye of a Muslim is a highly respectable one. But when it is used against the wishes of ALLAH TAALA it becomes disgraceful. What an insult of such an honourable eye. Is it not a great shame that we disgrace it? It is the eye of a Muslim, we must recognize its greatness and not degrade it.

BLESSINGS OF THE COMPANY OF THE BELOVED OF ALLAH TAALA:

There was a time when I hated luxurious things. Whenever I had to go someplace with HAZRAT PHOOLPURI (May ALLAH bless his soul), I was repulsed by comfortable surroundings and felt like dashing to some uninhabited place. But as HAZRAT WALA used to be there, I could not do so. This was a fault of mine. I prayed to ALLAH TAALA to remove it and bring me to such a level of indifference (from worldly goods) at which HAZRAT WALA stood, and it would not matter whether a donkey or a man passed me by.

Through the blessings of ALLAH TAALA and the courtesy of my respected teachers, and by serving them with my whole heart, I achieved that degree of feeling in a very short time. The hatred finished and now the eyes never raise towards anything or anyone however apparent.

TYPES OF PEOPLE:

There are three types of people:

FIRST, the ones who are used to the bad smell of debris and therefore hate the fragrance of musk.

HAZRAT ROOMI mentions a tale that once a toilet cleaner passed by a perfume shop. The sweet odour from the shop caused him to faint. The doctors treated him in vain. When his brother came to know, he brought some waste and put it infront of his nostrils. The sweeper quickly recovered from his spell.

THE SECOND TYPE of people are those who are partly familiar with the smell of debris but they reject it by their wisdom. They try to protect themselves from it and do not lift this rubbish. These are the people whose are urged towards evil deeds but they suppress such emotions for the fear of ALLAH TAALA. There are great rewards for such people. ALLAH TAALA, quotesin the Quran:

"وَالَّذِيْنَ جَاهَدُوْا فِيْنَا لَنَهْدِيَنَّهُمْ سُبُلَنَا" (٢٩-٦٩)

"People who try to adopt the ways of ALLAH, I make it easier for them".

Meaning that ALLAH TAALA saves them from bad emotions and their jihad against such feelings does not remain for ever.

ع چند روزہ جہد کن باقی بخند

"Experience the hardship for a short while and then keep on smiling for ever".

A pious man once said that the moment a sinful thought comes to your mind or heart, immediately shake it off. Then ALLAH TAALA who is so gracious and kind will never let those evil emotions and ideas rise a second time.

THE THIRD TYPE of people are those who hate forbidden things and take care to save themselves from them.

The FOURTH TYPE of people are the ones whose mind is so saturated with fragrance that they do not notice the bad smell of rubbish, even if it is in abundance.

May ALLAH bless us with such degree of blessedness, and make us like them so that mountains of rubbish and corpse – eating Vultures have no effect on us and we may not be effected by them. YA ALLAH! please accept us as your's and be ours.

جو ہنس رہا ہے وہ ہنستا جائے
جو رو رہا ہے وہ روتا جائے
بصدق دل تو خدا کر
جو ہو رہا ہے وہ ہوتا جائے

'let the laughing ones laugh, and the crying ones cry, O' my heart, you keep on remembering ALLAH TAALA, whatever may happen!

Someone complained that there are too many spots of vulgarity in Karachi (where MAULANA MUFTI ABDUL-RASHID resides). I said you should correct your own self, it seems that you are suffering from some ailment. If a sweeper goes to a garden, he would only be interested in the amount and variety of garbage to be found there. On the contrary, if a person of taste went, he would be interested to know where the roses and jasmine bloomed.

Early in the morning we hear the sound of Azaans (call to prayer) coming from all directions. When the Moazzan (caller to prayer) says: 'ALLAH-HU-AKBAR (ALLAH is GREAT), it seems that all the impurities are washed away and the whole atmosphere is clean and fragrant. I often go out to hear the Azaan and think of the greatness of ALLAH TAALA. Why I am telling you this is because you should also do the same at times. People never think how many Islamic Madaris (Schools) there are, how

many schools of Quranic studies and learning it by heart there are, how many mosques and the numbers of the beloveds of ALLAH TAALA are present. Why should one think of the amount of vulgarity prevailing, instead of the blessings around us. It seems that the vulgarity is within us. A trader keeps an eye on a trader of its kind, and a farmer on a farmer.

Preserve these eyes for the pleasure of looking at the real Beloved One (ALLAH) For the rest you should say:

دُور باش افکارِ باطل دُور باش اغیارِ دل

سج رہا ہے ماہِ خوباں کے لئے دربارِ دل

"Get lost O' false worries, Go away O' unwanted thoughts, because I am preparing my heart to welcome my Beloved"

TO THINK OF THE DAY OF JUDGEMENT IS LIKE HAVING THE STICK OF MOSES:

HAZRAT ASHRAF ALI THANWI (may ALLAH bless his soul), used to say that thoughts of the Day of judgement are like having the stick of Moses, which gulp away the worries of the world. If we think of the Day of judgement, what is going to happen on that day, then the anxieties about this world will die by themselves. Say to yourself, that there is no place for worldly worries in my heart. This heart is reserved for the ALMIGHTY only.

A TALE OF AN OLD MAN:

There is a tale about an old, pious man who lived in a hut in the forest. Once the river was flooded and a person urgently needed to go on the other side. Somebody told him that he should contact the man in the hut who might be able to get him across. At first, the old man refused but later seeing the urgency of the man told him to go to the river and say, "The man who never ate or drank and never went near his wife asks to give me a way to get across". After that person had left, the wife of the old man said,

'I don't know whether you ate anything or not, but as far as the part about not visiting me is concerned, it effects me directly. How do you explain the children?" The old man was reluctant for a while but then he explained that he did not do it for his own sake but only in obediency of ALLAH TAALA. It is the same thing as:

دُور باش افکارِ باطل دُور باش اغیارِ دل
سج رہا ہے ماہِ خوباں کے لئے دربارِ دل

Let us all pray: May ALLAH TAALA cleanse our hearts from false worries and evil thoughts and put the only concern of how to keep Him, the ALMIGHTY ALLAH in our hearts.

AMIN.